



Job Posting

Mental Health Therapist

About SERDC:

Southeast Resource Development Council (SERDC) is a dynamic Indigenous-led non-profit organization that focuses on the needs of our member communities. We strive to make a meaningful impact by supporting our people through on and off-reserve programs and services.

We serve eight member communities consisting of Berens River First Nation, Brokenhead Ojibway Nation, Bloodvein River First Nation, Black River First Nation, Hollow Water First Nation, Little Grand Rapids First Nation, Pauingassi First Nation and Poplar River First Nation.

What we offer:

- Comprehensive benefits package
- Pension
- Support work-life balance, including personal days, cultural leave, sick time, and a minimum of three weeks' vacation

Conditions of Employment:

- Must produce a satisfactory Criminal Record Check (including Vulnerable Sector Search).
- Must produce a satisfactory Child Abuse Registry Check.
- Must produce a satisfactory Adult Abuse Registry Check.

Salary commensurate with experience.

SERDC recognizes the importance of building an exemplary service delivery organization. We are committed to employment equity, diversity, and inclusion, and are proud to support career opportunities for Indigenous peoples to reflect the communities we serve.

Preference will be given to qualified SERDC community members or First Nation applicants who voluntarily self-declare in their application.

***Reasonable accommodation is available upon the applicant's request. ***

We thank all applicants for their interest in this position; however, we will only be contacting candidates selected for interviews.

Closing Date: all applications must be received by **September 1st, 2026, at 4:00PM.**

How to Apply: Apply on our website and specify the position of interest <https://serdc.mb.ca/careers>.

Job Title	Mental Health Therapist
Reports To	Mental Wellness Case Supervisor
Division	Health Programs
Department	Mental Wellness

Job Purpose

Reporting to the Mental Wellness Case Supervisor, the Mental Health Therapist will carry out the duties and activities in partnership with the Mental Wellness Team and the SERDC Children and Youth Programs. The Mental Health Therapist is a clinical integrated practice that collaborates with both Mental Wellness and Clinical Team in individual case planning with advocacy for services.

Duties and Responsibilities

1. Counseling and Assessments

- Conduct personal, family, and community assessments and deliver mental health services to clients affected by historical and present trauma.
- Conduct individual assessments, providing recommendations for both Wellness and Jordan's Principle programs and the Medical Receiving Centre.
- Advocate on behalf of those in need, assist with self-help initiatives, or make referrals for specific services required for short- or long-term intervention.
- Stay updated on best practices, trends, and developments in mental health and community services to continuously enhance program delivery.

2. Specialized Services

- Provide Therapeutic Intervention Models of practice for counselling with culturally sensitive approaches:
 - Trauma Informed Practice
 - Cognitive Behavioral Therapy
 - Problem Solving Therapy
 - Solution Focus Therapy
 - Integrated Narrative Therapy Approach
 - Group and Family Therapy sessions
- Provide clinical services to address the following:
 - Family/Domestic Violence
 - Addictions
 - Suicide
 - PTSD
 - Grief and Loss
 - Developmental Delays

3. Documentation and Reporting

- Provide regular documentation and reporting on client services, including:

- Reports to the Mental Health Program Manager and Jordan's Principle Coordinator regarding referrals and outcomes.
- Maintain confidential client files and submit monthly statistical reports.
- Prepare and maintain tracking sheets, weekly schedules, and emergency response reports.

4. Other related duties as assigned.

Qualifications/Skills

Education

- Master's degree in psychology or social work (clinical specialization) including education in mental health assessment, Social Science, Human Services or equivalent.
- Registered with a governing body (such as Psychological Association of Manitoba (PAM) or The Manitoba Institute of Registered Social Workers (MIRSW).

Knowledge, Skills and Experience

- Demonstrated skills and experience working with First Nation families and communities and presenting issues.
- Comprehensive knowledge and advanced level of practice in clinical assessment and treatment models including individual, couple, family and group therapy interventions.
- Demonstrated ability to problem-solve complex situations and manage sensitive issues.
- Comprehensive knowledge and skill in a range of intervention modalities.
- Nonviolent Crisis intervention skills.
- Skilled at working with people with co-occurring mental health disorders.
- Ability to work independently and as a member of a multi-disciplinary team.
- Excellent verbal and written communication skills are essential.
- Valid Mental Health First Aid Certificate.
- Valid First Aid/CPR Certificate.
- Experienced in case management and the development of integrated care plans.
- High level of organizational, administrative, and facilitative skills.
- Ability to develop and maintain relationships with individuals at all levels.
- Ability to travel to Southeast First Nation communities on short notice, including overnight travel for up to five (5) consecutive days
- Proficiency in Microsoft Office applications (Word, Excel, Outlook, PowerPoint).
- Must have a valid driver's license, access to a reliable vehicle.
- Must produce a satisfactory Criminal Record Check (including Vulnerable Sector Search).
- Must produce a satisfactory Child Abuse Registry Check.
- Must produce a satisfactory Adult Abuse Registry Check.

DESIRED:

- Applied Suicide Intervention Skills preferred.
- Nonviolent Crisis Intervention certification.
- Life Skills Coaching Training will be an asset.

- Ability to speak Ojibwe.

Working Conditions

- Willing and able to travel by all forms of transportation, to remote and northern First Nation communities in Manitoba.
- Work a standard work week of 40hrs.
- Additional hours beyond the standard regular hours of work may be required.
- The role may involve a high level of stress while fulfilling the responsibilities associated with the position.
- The position may be required to respond to crisis situations and travel to Southeast First Nation communities, including overnight travel for periods of up to five (5) consecutive days. Travel may occur on short notice depending on program and community needs.

Physical Requirements

- Prolonged periods of sitting at a desk and working on a computer.
- Ability to move within the office to attend meetings, retrieve documents, and assist employees.
- Occasionally required to lift and carry materials weighing up to 50 pounds (e.g., files, documents, or office supplies).
- Manual dexterity for typing, using office equipment, and filing.